

EDUCATION

Directors Lab North	Directing Intensive	2022
University of Regina/Belfry Theatre	BIPOC Arts Leadership Program	2021
Rose Bruford College	MA in Ensemble Theatre	2013-2014
LIPSA (<i>now arthaus.berlin</i>)	Creating Theatre and Performance (<i>now Advanced Devising Practice</i>)	2013-2014
Banff Centre for Arts and Creativity	Puppet Theatre Intensive	2010
Caravan Farm Theatre	Ensemble Creation Workshop based in Lecoq Principles	2009
Moving Voice Institute	Canada's National Voice Intensive	2008
University of Victoria	BFA in Theatre, Acting Major	2003-2007

TEACHING SPECIALIZATIONS

New Work Creation	Collective Collaboration Devised Theatre Ensemble Theatre
Physical Theatre	Frantic Assembly Laban Technique Lecoq Technique <ul style="list-style-type: none">- Movement Technique, Embodiment of the Abstract and External, Neutral Mask, Larval Mask, Expressive Mask, Melodrama, Commedia dell'Arte, Bouffon, Tragic Chorus, Clown Prattki Pedagogy <ul style="list-style-type: none">- Platform, Farce, The Social Grotesque, The Fantastical World Puppetry Viewpoints

POST SECONDARY TEACHING EXPERIENCE

University of British Columbia | Vancouver, BC (2023-present)

- Part-Time Adjunct Professor
(Age range 17-22)
 - *3rd Year Devising (upcoming)*
This course will be an opportunity for the 3rd year students to create a brand new piece, with guidance from a professional in the community. I will be taking on the role of facilitator during the devising process, with the potential for the role of director through to an informal presentation if that is where the project takes the ensemble.
 - *BFA Acting Admissions Committee*
Responsible for the physical warm up and welcome for applicants. Member of the assessment team choosing the BFA class (and wait list) for 2023-2024.
 - *Brave New Play Rites*
Dramaturgical and directorial support of four new scripts by emerging writers from the UBC School of Creative Writing. This program culminated in staged readings.

Dell'Arte International School of Physical Theatre | Blue Lake, CA | (2022-present)

- Summer Intensive Faculty Member
(Age range 18-45)
 - *Dynamic Ensemble Theatre*
Development and execution of a curriculum focused on whole body engagement with natural forms and forces via movement and gesture. Foundations of the actor's presence and resonance in the space of the stage. Lecoq Neutral Mask, Element work, and Animal work.

Canadian College of Performing Arts | Victoria, BC | (2020-2023)

- Faculty Member
(Age range 17-22)
 - *Acting I, Unit One*
Development and execution of a foundational curriculum focused on impulse and embodiment work, the transposition of abstract physical explorations into theatrical performances, and collaborative devising techniques.
 - *Physical Theatre Territories II, Unit One*
Development and execution of an intermediate level Tragic Chorus course focused on connection to the ensemble, space, and text. Students developed an understanding of what it means to be a part of an ensemble, as well as learned the foundations of theatrical collaboration.
 - *Physical Theatre Territories II, Unit Two*
Development and execution of an intermediate level Commedia dell'Arte based course focused on Theatrical Archetypes, comedic construction and performance, and collaborative devising techniques.

University of Victoria | Victoria, BC | (2022)

- Sessional Instructor
(Age range 17-22)
 - *Writing & Devising Theatre (Co-Instructor)*
Development and execution of an advanced interdisciplinary and practice-based course providing students with a foundation in creating and working with alternative texts. Using non-traditional access points such as found image, sound, and text, students wrote, devised, and self-produced original theatrical compositions. Curriculum focused on both skill acquisition and skill application, culminating in an opportunity for students to present their devised work.

Studio 58 | Vancouver, BC | (2021)

- Facilitator and Director
(Age range 17-22)
 - Risky Nights
This program is an opportunity for the 4th term students to create and produce a brand new show, with guidance from a professional in the community. Took on the role of facilitator during the devising process, and the role of director through to production.

ADDITIONAL TEACHING EXPERIENCE

Arts Club Theatre Company | Vancouver, BC | (2018-present)

- Community Creates
(Adults)
 - *Facilitator (upcoming)*
Curriculum development and facilitation for a group of adults creating a devised theatre piece.
 - *Co-Facilitator*
Movement based support for a group of adults creating a devised theatre piece.
- Student Workshop Experience
(Age range 13-18)
 - *Workshop Leader*
Facilitation of workshops in the Lecoq Technique.
- Creative Teens
(Age range 12-16)
 - *Co-Facilitator*
Facilitation and support for a group of students creating an original and collaborative theatre piece. Year long program.
 - *Workshop Leader*
Facilitation of a workshop in the Lecoq Technique.

Bard on the Beach (*Bard Education*) | Vancouver, BC | (2018-present)

- Bard Studio
(*Adults*)
 - *Workshop Leader*
Facilitation of a workshop in the Lecoq Technique and Shakespearean Monologues.
- Bard Youth Fest
(*Age range 13-22*)
 - *Coach*
Professional advice, directorial support, and coaching for Bard Youth Fest Troupes creating an original and collaborative theatre piece inspired by Shakespearean works. In-school program.
- Riotous Youth
(*Age range 17-22*)
 - *Mentor*
Professional and personal advice, guidance, and support to a Riotous Youth emerging artist.
 - *Facilitator*
Directorial support and education in collaborative devising methods with the aim of helping the ensemble mount a Shakespearean review.
- Summer Camps
(*Age range 13-18*)
 - *Lead Teaching Artist*
Creation and execution of a curriculum with the focus on exploring a Shakespearean play through collaborative devising methods.
 - *Supporting Teaching Artist*
Support for a Lead Teaching Artist in mounting a Shakespearean play or showcase.
- Bard in the Classroom
(*Age range 6-18*)
 - *Virtual Teaching Artist*
Leader for both “Ask an Actor” and “An Actor at Work” sessions, which focus on Shakespearean text work and free form discussions. Virtual program.
 - *Supporting Teaching Artist*
Support for the Lead Teaching Artist in giving students first-hand experience in the art of playing Shakespeare. In-school program.
- Speech of the Week
(*All Ages*)
 - *Guest Actor*
Facilitation of an interactive speech masterclass for all ages and all experience levels.
- Bard for Life
(*Adults*)
 - *Workshop Leader*
Facilitation of workshops in both the Lecoq and Laban Techniques.
 - *Guest Instructor*
Directorial support with the aim of helping the ensemble mount a Shakespearean play.

King George Secondary | Vancouver, BC | (2023)

- Guest Instructor
(*Age range 13-18*)
 - *Commedia Dell’Arte Workshop*
Facilitation of workshop exploring Commedia Dell’Arte characters (masks and movement), relationships, and stories.

Private Coaching | Vancouver, BC | (2022)

- Individual Client
(Adult)
 - *Physical Theatre Coach*
Development and execution of a curriculum focused on connection to self, space, text, and character.

CircusWest | Vancouver, BC | (2017-2020)

- CirKids
(Age range 12-19)
 - *Senior Performance Coach*
Physical theatre and devising education for the Apprentice and Performance Troupes, as well as character coaching for the yearly show. Year long program.

BC Drama Festival | New Westminster, BC | (2018)

- Festival Workshops
(Age range 13-18)
 - *Workshop Leader*
Facilitation of workshops in the Lecoq Technique.

Rose Bruford College | Kent, UK | (2014)

- Bruford Youth Theatre
(Age range 6-17)
 - *Guest Instructor*
Facilitation of a workshop in theatre games for the Juniors, Inters, and Seniors.

Gateway Theatre (Gateway Academy) | Richmond, BC | (2008-2010)

- Theatre Classes
(Age range 8-13)
 - *Drama A Instructor/Drama B Co-Instructor*
Creation and execution of a curriculum with the focus on mounting a published play. Year long programs.
 - *Substitute Instructor*
Educational support for absent instructors.

StageCoach Performing Arts | Vancouver, BC | (2009)

- Mainstages
(Age range 6-16)
 - *Drama Instructor*
Creation and execution of a curriculum with the focus on acting skills and collaborative devising methods.

Langara College | Vancouver, BC | (2009)

- Continuing Studies
(Adults)
 - *Acting Through Improv Instructor*
Creation and execution of a curriculum with the focus on Improv for adults choosing to further their education.

Cleveland Elementary School | North Vancouver, BC | (2009)

- Improv at Lunch
(Age range 10-12)
 - *Improv Instructor*
Creation and execution of a curriculum with the focus on Improv for elementary students. In-school program.

Parkgate Community Center | North Vancouver, BC | (2008-2009)

- Drama Program
(Age range 6-16)
 - Drama instructor
Creation and execution of three curriculums with the focus on acting skills and collaborative devising methods.

Surrey Youth Theatre Company | Surrey, BC | (2008-2009)

- Pre-Professional Program
(Age range 8-18)
 - Assistant Drama Instructor/Assistant Director
Creation and execution of a curriculum with the focus on physical theatre and character development. Year long program.

ASSIST Community Services Center | Edmonton, AB | (2005)

- T.A.N.G Youth Program
(Age range 8-18)
 - Spring Break Camp Drama Instructor
Creation and execution of a curriculum with the focus on acting skills and collaborative devising methods, with students from newly immigrated families.

Citadel Theatre (Foote Theatre School) | Edmonton, AB | (2004)

- Summer Day Camps
(Age range 8-10)
 - Acting Ensemble Assistant Drama Instructor
Support for a Lead Teaching Artist in providing acting skills.

DIRECTING CREDITS

Hamlet (Assistant)	Bard on the Beach	Vancouver, BC	2024 (upcoming)
TomorrowLove	UBC - Theatre & Film	Vancouver, BC	2023 (current)
The Woman who Outshone the Sun	UVic - Phoenix Theatre	Victoria, BC	2023
The Bright Young Things	Folding Camera Theatre	Edmonton, AB/Vancouver, BC	2023
Antigone	Two Planks and a Passion	Canning, NS	2023
Brave New Play Rites	UBC - Creative Writing	Vancouver, BC	2023
A Tiny Christmas Carol	Chemainus Theatre	Chemainus, BC	2022
Fire Show (Concept Workshop)	Gwaandak Theatre	Whitehorse, YK	2022
Antigone (Script Workshop)	Two Planks and a Passion	Halifax, NS	2022
The Bright Young Things	Studio 58 - Risky Nights	Vancouver, BC	2021
Misadventure at the Lighthouse	Green Thumb Theatre	Vancouver, BC	2021
A Shakesperiment	Bard - Riotous Youth	Vancouver, BC	2021
The Milk of Amnesia (Reading)	Danielle Janess	Victoria, BC	2021
Art Heist	Right Angle Entertainment	BC/TX/NC/FL/AR	2020-2021
Antigone (Concept Workshop)	Bard on the Beach	Vancouver, BC	2019

DEVISING/WRITING CREDITS

You Will Always Long To Return	M	HIVE Performance Collective	The Ensemble
Go, No Go	The Ringmaster	Go, No Go Collective	The Ensemble
The Air Loom	Dr. Haslam/The Child	you & i Theatre	Yoshie Bancroft
The Little Leaf	The Little Girl	Inside I'm a Mermaid	The Ensemble
Odyssey	Ensemble	East 15	Jack Paterson
The Mechanical Bride	She	GasHeart Theatre	Quinn Harris

SELECT ACTING CREDITS

Noises Off	Poppy Norton-Taylor	Arts Club Theatre Company	Scott Bellis
The Taming of the Shrew	Biondella	Bard on the Beach	Lois Anderson
Shakespeare in Love	Mistress Quickly/Kate	Bard on the Beach	Daryl Cloran
Timon of Athens	Flaminius	Bard on the Beach	Meg Roe
Lysistrata	Myrrhina/Ensemble	Bard on the Beach	Lois Anderson
East Van Panto: Snow White	Snow White	Theatre Replacement	Anita Rochon
BlissKrieg	Jingwei	Atomic Vaudeville	B. Small/J. Richmond
PostSecret: The Show	B	Firehall Arts Centre	TJ Dawe
Big Bad	Little Red	Boca del Lupo	Sherry Yoon
Fall Away Home	Amaryllis	Boca del Lupo	Sherry Yoon/Jay Dodge
Lig & Bittle	Bittle	Concrete Theatre	Tracy Carroll
The Penelopiad	Telemachus/A Maid	Arts Club Theatre Company	Vanessa Porteous
Are We There Yet?	Ensemble	Concrete Theatre	Caroline Howarth
The Early Bloomer	Maisie	Concrete Theatre	Caroline Howarth
The Boy Who Learned To Fly	Pauline/Marie	Kaleidoscope Theatre	B. Pogmiller/R. Glanville
Tortoise Boy	Sherry	Other Guys Theatre Company	Ross Desprez

PRODUCING EXPERIENCE

The Bright Young Things	Folding Camera Theatre	Edmonton, AB/Vancouver, BC	2023
The Milk of Amnesia (Reading)	Danielle Janess	Victoria, BC	2021
The Air Loom	you & i Theatre	Edmonton, AB/Vancouver, BC	2016
<i>Associate Producer Intern</i>	Boca del Lupo	Vancouver, BC	2015-2016
A Study on the Stillness of Love	Black Out Creative Arts	Edinburgh, UK	2015
The Little Leaf	Inside I'm a Mermaid	Edinburgh, UK/Brighton, UK	2014-2015
The Cabinet of Dr. Caligari	Somnambulist Productions	Victoria, BC/Vancouver, BC	2010
The Mechanical Bride	GasHeart Theatre	Victoria, BC/Vancouver, BC	2008

MANAGEMENT EXPERIENCE

<i>Co-Artistic Director</i>	you & i Theatre	Vancouver, BC	2012-2016
<i>Co-Artistic Director</i>	Inside I'm A Mermaid	London, UK	2014-2015
<i>General Manager</i>	UVic - SATCo	Victoria, BC	2005-2007

SPECIAL SKILLS

Movement	Harness/Rigging work, Aerial Silks, Main à Main, Trapeze (swinging/static), Basic Acrobatics, Lecoq Technique, Viewpoints Technique, Laban Technique, Suzuki Technique, Alexander Technique, Neutral/Mask, Puppetry, Clown, Juggling, Butoh Dance
Instruments	Piano (Grade 8), Guitar, Bass Guitar, Trombone, Trumpet
Dialects	Northern Dublin, Standard British, Estuary, East and Central Texas

SELECT NOMINATIONS

2019/2020 Jessie's	Production: Large Theatre – <i>Noises Off</i> (Arts Club Theatre Company, Vancouver) *WINNER
2018/2019 Jessie's	Critic's Choice Innovation – <i>Lysistrata</i> (Bard on the Beach, Vancouver) *WINNER
2011/2012 Jessie's	Production: Large Theatre – <i>The Penelopiad</i> (Arts Club Theatre Company, Vancouver)
2011/2012 Sterling's	Production: TYA – <i>Lig & Bittle</i> (Concrete Theatre, Edmonton)
2009/2010 Sterling's	Production: TYA – <i>The Early Bloomer</i> (Concrete Theatre, Edmonton)
2007 Critics Choice	Best Performance: Community – <i>Tartuffe</i> (UVic Phoenix Theatre, Victoria)
2005 M Awards	Favorite Female Actress (Victoria)